



DIABETES & WEIGHT LOSS CENTER, LLC

## News Release

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### **FOR IMMEDIATE RELEASE**

#### **NEW PATIENT-CENTERED, NURSE PRACTITIONER-BASED PRIMARY CARE MEDICAL PRACTICE FOCUSING ON DIABETES MANAGEMENT AND WEIGHT LOSS OPENS IN OVIEDO, CENTRAL FLORIDA**

**OVIEDO, FL (March 1, 2023)** – Diabetes & Weight Loss Center LLC, a new patient-centered Nurse Practitioner-based medical practice, has opened in Oviedo, FL, in Orlando’s northeastern suburbs. It is located in a medical office park at 1410 Broadway St. (Suite 203) just north of Oviedo Marketplace Blvd., in an area across SR 417 (Seminole Expressway) from the Oviedo Mall, off Exit 41.

Adriel Perez, the founder and lead practitioner of the new practice, is an accredited Autonomous Advanced Practice Registered Nurse (APRN) and Family Nurse Practitioner (FNP, [AANP-Certified]), with degrees from the University of South Florida (USF) and the University of Central Florida (UCF) as well as 10 years of medical experience.

The new Diabetes & Weight Loss Center provides personalized, patient-centered consultation, diagnosis, treatment, and ongoing Chronic Care Management (CCM) for all forms of diabetes and related conditions; for weight loss and weight management that may or may not be related to diabetes care; and a number of additional primary care conditions including metabolic syndrome, insulin resistance, osteoporosis, hypertension, hyperlipidemia, and thyroid-related conditions such as hypothyroidism and thyroid nodules, among others.

“Our practice is founded on the vision of being a provider that truly *listens* to the patient, understands their concerns, and works on a 1-on-1 basis to give them the tools – and ongoing care management – they need to lead a healthy life that suits their lifestyle,” Mr. Perez explains. “We are passionate about providing our Central Florida community with comprehensive, evidence-based, leading-edge Best Practices care.”

With the practice’s unique patient-centered approach, the “front end” is listening-based analysis, diagnosis, and getting to know the lifestyle goals of the patient, and then setting up a personalized, ongoing Chronic Care Management treatment plan tailored to the needs of that individual patient.

As a medical practice, Diabetes & Weight Loss Center is able to apply a full spectrum of customized treatment strategies to serve its patients’ health, from devices like an insulin pump or Continuous Glucose Monitor (CGM)

to medications including glucagon-like peptide 1 (GLP-1), semaglutide (Ozempic® and Wegovy®), and Terzepatide (Mounjaro®).

This new practice exemplifies a fast-growing trend in consumer healthcare, in which Nurse Practitioners seek to open their own practices in order to deal directly with patients and provide personalized, tailored, evidence-based care. This NP provider approach is characterized as more direct and immediate, compared to the type of bureaucratic “Big Healthcare” service that consumers have come to experience in recent years (which some consumers feel offers a depersonalized, metrics-based, profit-margin-driven set of decisions in which their voice and individualized care experience can be lost in the administrative shuffle).

Adriel Perez, APRN, FNP-C, earned his Bachelor of Science degree in Nursing from the University of Central Florida (UCF) in 2014, and graduated from the University of South Florida (USF) as a Family Nurse Practitioner in 2019. He has 10 years of medical experience, including practicing in hospital critical-care settings as an RN and a tenure with an endocrinology practice as an FNP.

The new medical practice Diabetes & Weight Loss Center in Oviedo, FL also offers telehealth remote visits, is bilingual (English and Spanish), and accepts Medicare. For more information or to schedule a consultation, call (407) 890-1876 or visit the practice’s website at [diabetesandweightlosscenter.com](http://diabetesandweightlosscenter.com)

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***Adriel Perez, APRN, FNP***



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